



LSS Wellness Committee Regulation

Adopted on November 20th 2023

Amended on N/A

PART I: DEFINITIONS

1. This regulation adopts all definitions laid out in the the Constitution of the Law Students' Society at the University of British Columbia (the "**LSS Constitution**") and the LSS Clerk Regulations.

PART II: PURPOSE

2. The purpose of the Wellness Committee shall be to improve mental health awareness and promote the health and wellbeing of Allard Law students.

PART III: COMPOSITION

3. The Committee shall be composed of the following members:
 - a. President;
 - b. VP Wellness, who shall be chair; and
 - c. Two (2) or more students-at-large.
 - i. The chair shall have discretion on the maximum number of students-at-large, however, there is a suggested cap of four (4).
4. Students-at-large are to be selected by the VP Wellness through submitting a brief application, typically a maximum of 300 words, describing why they wish to join the Committee.
5. Preference for selecting students-at-large members shall go to students who are not current members of the LSS Executive, Academic Council, or Social Council. Students-at-large shall be selected by the end of September and no later than mid-October

PART IV: ROLES OF THE COMMITTEE MEMBERS

6. VP Wellness shall:
 - a. Organize and chair all meetings of the Committee;
 - b. Supervise all aspects of the Committee, including casting the deciding vote in the event of a tie at meetings of the Committee;
 - c. Liaise and coordinate with the Law School's Counsellor of Student Wellbeing; and,
 - d. Develop wellbeing programming and events for law students.
7. All members shall:
 - a. Assist the VP Wellness in planning and executing wellness programming and events; and

- b. Engage with the student body to determine what services or programming is sought or needed. This may be performed through surveys, consultations, or any outreach mechanisms deemed necessary and effective by the Committee.

PART V: MEETING AND PROCEDURES

8. The Committee shall hold at least one (1) meeting per month between September to April of a given academic year, excluding holidays and official examination periods.
9. The Committee shall schedule the dates and times for monthly committee meetings at the beginning of each semester, and a list of these dates and times shall be disseminated to each Committee member via email or any other electronic means by the VP Wellness.
10. All members of the Committee, except the Chairs, have the right to vote in Committee. The Chair will serve as a tiebreaker vote in the event it is necessary.
11. Meetings may be conducted in-person, via teleconference system, or in hybrid format.
12. Meeting procedures shall follow the latest edition of Robert's Rules of Order, if unspecified in this Regulation.
13. The attendance of at least half of the members of the Committee shall constitute quorum.

PART VI: EVENTS

14. When needed, the Committee may request the aid of the LSS Social Council or Executive in hosting events if it is deemed helpful for the wellbeing of Allard Law students.
15. The Committee shall seek to host a minimum of one event or program per school semester, in addition to all events and programming done in coordination with the Allard Law Student Wellbeing Counsellor.

PART VII: MINUTES

16. Minutes of all meetings shall include the date, time, and location of the meetings, as well as the names of all persons present. All projects, decisions of the Committee, and any other details requested by a Committee member shall be recorded.
17. Minutes of all meetings shall be disseminated to all Committee members via email by the VP Wellness or the designated minutes taker within 7 days following a meeting, except where additional time is considered appropriate.
18. Upon their approval, the minutes shall be uploaded to the LSS Drive by a Clerk for record keeping.

PART VIII: AMENDMENTS

- 19.** The Committee may amend or repeal this Regulation with a majority vote.